



# Dartmouth Volleyball Club

Team. Family. Community.  
Together.

## Player / Parent Code of Conduct

Players and parents/guardians are all crucial to a safe and positive volleyball experience. All players and parents/guardians should make all attempts to:

### Practice and Play:

- Attend all practices and games. When not possible, the team manager and/or coach are to be notified in advance.
- Abide by the rules of the facilities, to clean up and to be out on time.
- Make sure appropriate arrangements have been made so that players are picked up on time at the end of each practice and game. It is the Club's policy that no player is left unattended. Failure to make suitable arrangements results in coaches and/or team managers having to stay late.

### Safe Play:

- Inform the coach of any physical disability or ailment that may affect the player or safety of other players. It is better to sit out one practice than miss a whole month because of a serious problem.
- Possession and/or use of drugs, alcohol and tobacco are strictly prohibited at all Club activities. If anyone is caught with drugs, alcohol or tobacco they may be subject to expulsion.

### Sportsmanship:

- Be a positive role model and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all athletes, coaches, organizers, officials and spectators.
- Never engage in any kind of unsportsmanlike conduct with any athlete, coach, house league organizer, official or spectator. Also to never demonstrate threatening or abusive behavior or use foul language.
- Always treat other athletes, coaches, organizers, officials and spectators with respect.

### Coaching:

- Respect the coaching staff, including team manager, and support their efforts.
- Refrain from coaching during practice and play from the sidelines.
- Avoid yelling instructions to the athletes from the sidelines.
- Encourage athletes with comments such as, "good job," "nice try," "go for three touches," etc.

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### **Communication:**

- When approaching the coach with any problems or concerns please do so in a respectful manner, and only after a 24-hour “cool down” period has passed since the incident or concern. The 24 hour “cool down” period does not apply where timely reporting is necessary, such as where the incident involves a safety concern.
- Understand there is a procedure to resolve conflicts with a coach. If conversation with the coach is not appropriate or has not resolved the issue, then one should first talk with the team manager at an appropriate time. If there is no resolution, then talk to the DVC President.
- Never question, discuss or confront coaches during practice or play. Instead, take time to speak with coaches at an agreed upon time and place.

### **Consequences:**

- Failure to abide by the aforementioned guidelines will result in disciplinary action as follows:
  1. Verbal notification of the infraction from a member of the coaching staff or a member of the DVC Board.
  2. Written notification of the infraction from a member of the DVC Board.
  3. Suspension from Club activities for an indicated period of time, at the discretion of the DVC Board.
  4. Expulsion from the Club at the discretion of the DVC Board.

Please note, the Dartmouth Volleyball Club continues to work hard at making our program a safe, open and fair place for youth to play volleyball. This can only be achieved if we all work together.